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PATIENT INFORMATION LEAFLET
SCHEDULING STATUS: [SO]
Nutrilitte™ Daily – film-coated tablets
Each film-coated tablet contains:

Calcium carbonate.....	472 mg
equivalent to Calcium (elemental).....	180 mg
L-Ascorbic acid (vitamin C).....	68 mg
<i>Malpighia amarginata</i> (L) (Acerola).....	60 mg
providing Ascorbic acid.....	12 mg
(Fruit, extract 19-24:1 standardized to 20% Ascorbic acid providing 1140 mg – 1440 mg dried herbal equivalent)	
(Total vitamin C.....)	80 mg
Magnesium oxide.....	108 mg
equivalent to Magnesium (elemental).....	60 mg
Niacinamide (vitamin B3).....	18 mg
Ferrous fumarate.....	33.49 mg
equivalent to Iron (elemental).....	10 mg
D-alpha Tocopheryl succinate (vitamin E).....	10 mg
Zinc oxide.....	10.55 mg
equivalent to Zinc (elemental).....	8 mg
<i>Sambucus nigra subsp nigra</i> (Elderberry).....	10 mg
(Fruit, 4 - 4,4:1 extract powder providing 40 mg – 44 mg dried herbal equivalent)	
D-Calcium pantothenate.....	8.06 mg
providing Pantothenic acid (vitamin B5).....	6 mg
Copper gluconate.....	7.66 mg
equivalent to Copper (elemental).....	1 mg
Manganese sulfate.....	3.34 mg
equivalent to Manganese (elemental).....	1 mg
<i>Daucus carota</i> (L) (Carrot) (Root powder).....	6.21 mg
<i>Targetes erecta</i> (L) (Marigold).....	6 mg
providing lutein.....	0.6 mg
(flower oleoresin, extract 40:1 standardized to 10% lutein providing 240 mg dried herbal equivalent)	
Riboflavin (vitamin B2).....	6 mg
Thiamine mononitrate (vitamin B1).....	1.40 mg
Pyridoxine hydrochloride (vitamin B6).....	1.40 mg
Retinol acetate (vitamin A).....	640 ug RAE
Betacarotene.....	320 ug (53 ug RAE)
(Total vitamin A.....)	693 ug RAE
Folic acid.....	200 ug
Potassium iodide.....	120 ug
equivalent to Iodine (elemental).....	83 ug
Sodium selenite.....	60 ug
equivalent to Selenium (elemental).....	55 ug
Biotin.....	50 ug
Cholecalciferol (vitamin D3).....	5 ug
Cyanocobalamin (vitamin B12).....	2.5 ug
Contains Sugar:	
sucrose.....	4.7 mg
glucose syrup.....	1.57 mg
Each film-coated tablet contains maltodextrin 35 mg and glycerol 0.71 mg.	

D34.12 Multiple substance formulation
COMPLEMENTARY MEDICINE—HEALTH SUPPLEMENT
 This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.
Read all of this leaflet carefully because it contains important information for you.
 Nutrilitte™ Daily is available without a doctor's prescription, for you to maintain your good health. Nevertheless, you still need to use Nutrilitte™ Daily carefully to get the best results from it.
 • Keep this leaflet. You may need to read it again.
 • Do not share Nutrilitte™ Daily with any other person.
 • Ask your health care provider or pharmacist if you need more information.
What is in this leaflet:
 1. What Nutrilitte™ Daily is and what it is used for
 2. What you need to know before you take Nutrilitte™ Daily
 3. How to take Nutrilitte™ Daily
 4. Possible side effects
 5. How to store Nutrilitte™ Daily
 6. Contents of the pack and other information
1. What Nutrilitte™ Daily is and what it is used for
 Nutrilitte™ Daily contains 20 essential vitamins and minerals, lutein from marigold and extracts from acerola, purple carrot and elderberry. vitamin B6, B12 and iron contribute to normal energy-yielding metabolism. vitamin C, zinc and selenium support the normal function of the immune system. vitamin A, B2 and zinc contribute to the maintenance of normal vision. A varied diet is the most effective and safe way to achieve good nutrition, health, body composition as well as mental and physical performance.
2. What you need to know before you take Nutrilitte™ Daily
Do Not Take Nutrilitte™ Daily
 • If you are allergic (hypersensitive) to any of the ingredients of Nutrilitte™ Daily (see list in section 6.0).
 • If you are hypersensitive to plants of the Asteraceae/Composite family. Members of this family include ragweed, chrysanthemums, marigolds, daisies.
 • If you are pregnant, breast feeding or planning to have a baby.
 • If you have kidney stones or serious kidney problems.
 • If you suffer from hypercalcaemia (high level of calcium in the blood).
 • If you suffer from iron storage disorders such as haemochromatosis.
 • If you have high levels of vitamin A in your blood (hypervitaminosis A).
 • If you are taking other supplements containing vitamin A, betacarotene and retinol.
Warnings and precautions
 Take special care with Nutrilitte™ Daily.
 Consult a relevant health care provider prior to use of Nutrilitte™ Daily.
 • If you are pregnant, planning to become pregnant or are breastfeeding.
 • If you are a suffer from liver diseases and renal conditions.
 • If you are a tobacco smoker.
 • If you have an asbestos related illness such as asbestosis.
 • If you have cardiovascular diseases.
 • If you use statins to lower cholesterol.
 • If you have thyroid conditions.
 • If you are taking blood thinners.
 Stop use if hypersensitivity/allergy occurs.
 Do not exceed the recommended daily dose without consulting a relevant health care provider.
 Long term use (3-month continuous use) should be under the care of a relevant health care provider.
 Nutrilitte™ Daily is not suitable for children.
Children and Adolescents
 Nutrilitte™ Daily is not suitable for children and adolescents under 18 years of age.
Other medicines and Nutrilitte™ Daily
 Always tell your health care provider if you are taking or have recently taken/used any other medicine including all complementary or traditional medicines.
 Tell your health care provider if you are taking or have recently taken or used any of the following medicines as they may interfere with Nutrilitte™ Daily:
 • Phenytoin (used to treat epilepsy).
 • Tetracycline antibiotics (used to treat infections) such as doxycycline and minocycline.
 • Statins: Betacarotene may make simvastatin (Zocor) less effective. The same may be true of other statins, such as atorvastatin (Lipitor).
 • Cholestyramine and Colestipol, medicines used to lower cholesterol may lower levels of dietary beta-carotene in the blood.
 • Orlistat (Xenical), a weight loss medicine, may reduce the absorption of beta-carotene, meaning your body would get less beta-carotene.
 • Contraceptive pills may increase the level of vitamin A in your blood.
 • The effect of blood thinners such as antiplatelets (like aspirin), anticoagulants (such as clopidogrel, heparin, warfarin) and nonsteroidal anti-inflammatory medicines (such as ibuprofen, naproxen) may be increased resulting in longer bleeding time.
 • Mineral oil used as laxatives (such as paraffin oil) may reduce the absorption of betacarotene.
 Other supplements containing vitamin A, betacarotene and retinol. Hypervitaminosis A, or vitamin A toxicity, occurs when you have too much vitamin A in your body. You should check with doctor, pharmacist or your healthcare provider if you are unsure.

Nutrilitte™ Daily with food, drink and alcohol
 Take Nutrilitte™ Daily preferably with a meal as recommended (See Section 3) without alcohol.
 If you take orlistat, make sure you take Nutrilitte™ Daily at least 2 hours before or after you take orlistat.
Pregnancy and breast-feeding
 If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other health care provider for advice before taking Nutrilitte™ Daily.
 Safety of Nutrilitte™ Daily use in pregnancy and breastfeeding has not been established.
Driving and using machines
 Nutrilitte™ Daily is not expected to influence your ability to drive. However, you should not drive, use machinery or perform tasks that require concentration until you are certain that Nutrilitte™ Daily does not adversely affect your ability to do so safely (See Possible side-effects).
Important information about some of the ingredients of Nutrilitte™ Daily
 Nutrilitte™ Daily Contains glucose syrup, sucrose, maltodextrin and glycerol and may have an effect on the control of your blood sugar, if you have diabetes mellitus. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking Nutrilitte™ Daily. Nutrilitte™ Daily Contains betacarotene. Increased risk of lung cancer following betacarotene supplementation has been reported in clinical trials of adult smokers and those exposed to asbestos.
 Nutrilitte™ Daily contain iron, an overdose could be fatal in children under 12 years of age.
3. How to take Nutrilitte™ Daily
 Always take Nutrilitte™ Daily exactly as described in this leaflet or as your doctor, pharmacist or nurse has told you. Check with your doctor, pharmacist or nurse if you are not sure.
 The usual dose for Adults is: Take one (1) tablet per day, with meals swallowed with glass of water or as directed by your healthcare provider.
 Do not exceed the recommended daily dose unless directed by your doctor.
 Swallow the tablet whole.
If you take more Nutrilitte™ Daily than you should
 In the event of overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.
If you forget to take Nutrilitte™ Daily
 Do not take a double dose to make up for forgotten individual doses.
4. Possible Side Effects
 Nutrilitte™ Daily can have side effects.
 Not all side effects reported for Nutrilitte™ Daily are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking Nutrilitte™ Daily, please consult your doctor, pharmacist or health care provider for advice. If any of the following happens, stop taking Nutrilitte™ Daily and tell your doctor immediately or go to the casualty department at your nearest hospital:
 • swelling of your hands, feet, ankles, face, mouth or throat, which may cause difficulty in swallowing or breathing.
 • rash or itching.
 • fainting.
 • yellowing of your skin and eyes, also called jaundice.
 These are all very serious side effects. If you have them, you may have had a serious allergic reaction. You may need urgent medical attention or hospitalisation. Tell your doctor immediately or go to the casualty department at your nearest hospital if you notice any of the following:
 • chest pain.
 • angina.
 • changes in the way your heart beats, for example, if you notice it beating faster, difficulty breathing.
 • less urine than is normal for you.
 • signs of recurrent infections such as fever or sore throat.
 These are all serious side effects. You may need urgent medical attention. Tell your doctor as soon as possible if you notice any of the following:
 • nausea.
 • abdominal cramps or stomach pains.
 • headache.
 • dizziness.
 • tiredness.

• light-headedness.
 • dry cough.
 • muscle cramps.
 • flatulence or wind.
 • diarrhoea.
 • loss of appetite.
 If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.
Reporting of Side Effects
 If you get side effects, talk to your doctor, pharmacist or nurse. You can also report side effects to SAHPRA via the "6.04 Adverse Drug Reaction Reporting Form", found online under: SAHPRA's publications: SAHPRA via the "6.04 Adverse Drug Reaction Reporting Form", <https://www.sahpra.org.za/Publications/Index/8>.
 Botswana's publications: BOMRA via Suspected Adverse Drug Reactions Reporting Form, <https://www.bomra.co.bw/index.php/suspected-adverse-drug-reactions-reporting-form>
 Namibia's publication: Adverse Medicine Reaction (Safety Yellow Form) <https://nmrc.gov.na/documents/81630/410067/Safety+Yellow+Form.pdf/8cbb343-3c8-dba3-7ec1-50b8916ab26>.
 May also report to Amway South Africa Pty Limited using the following email: Regulatory_Department@Amway.com.
 By reporting side effects, you can help provide more information on the safety of Nutrilitte™ Daily.
5. How to store Nutrilitte™ Daily
 Store out of the reach and sight of children.
 Store in the original package/ container.
 Store at or below 25°C. Keep the container tightly closed to protect from light and moisture.
 Do not use Nutrilitte™ Daily after the expiry date stated on the label.
 The expiry date refers to the last day of that month.
 Do not use Nutrilitte™ Daily, if you notice the tablets have changed shape or colour.
Disposal of Nutrilitte™ Daily
 Return all unused medicines to your pharmacist. Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).
6. Contents of the pack and other information
What Nutrilitte™ Daily contains
 The active substances are calcium, magnesium, vitamin C, *Malpighia amarginata* (L) (Acerola) fruit extract, vitamin B3, iron, vitamin E, zinc, *Sambucus nigra subsp nigra* (Elderberry) fruit extract powder, vitamin B5, copper, manganese, *Daucus carota* (L) (Carrot) root powder, *Targetes erecta* (L) (Marigold) flower extract, biotin, vitamin B1, vitamin B6, vitamin B5, vitamin A, betacarotene, folic acid, iodine, selenium, vitamin D3 and vitamin B12.
 The other ingredients are microcrystalline cellulose, maltodextrin, crosslinked sodium carboxymethylcellulose, acacia gum, silicon dioxide, magnesium stearate, hydroxypropyl methyl cellulose, corn starch, starch sodium octenyl succinate (modified starch), sucrose, glucose syrup, glycerol, sodium ascorbate, carnauba wax, medium chain triglycerides.
What Nutrilitte™ Daily Tablets look like and contents of the pack
 Light yellow mottled oval shaped clear film coated tablet, embossed DAILY on one side.
 Tablet size 8.84 mm x 15.15 mm
 It is available in white HD polyethylene container with lift 'n' peel tamper-proof seal and white polypropylene flip-top re-sealable closure.
 Pack sizes 45 and 90 tablets.
Registration Number This product has not yet been allocated by the regulatory authority.
Name and Address of Holder of Certificate of Registration
 Amway South Africa (Pty) Ltd. Unit B1, 33 Brussels road, Spartan, Isando 1619.
Date of Publication
 To be allocated by the regulatory authority.
Access to the corresponding Professional Information
www.Amway.co.za

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ARTWORK LEGEND

Artwork Number: A2201320
 Product Name: Daily
 Component Type: Insert
 Description:
 Version: 9
 Proof Date: 08/31/2022
 Die Number: 12853
 Dimensions: 7.875(L) x 6.3215(W) IN
 Pages:
 Two-Sided:
 Superseded Artwork:
 Reason for Change: New



Black



Dieline



7575 East Fulton
 Ada, MI 49355

Digital Proof: SCPQAProof@amway.com Physical Proof: PQC Proofing, 44B-2G

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PASIENTINLIGTINGSTUK
SKEDULERING STATUS ISO

Nutrilite™ Daily - film bedekte tablette
Elke film bedekte tablet bevat:
Kalsiumkarbonaat 472 mg
ekwivalent aan Kalsium (elementele) ... 180 mg
L-askorbiensuur (vitamiën C) 68 mg
Malpighia emarginata (L) (Acerola) 60 mg
wat Askorbiensuur verskaf 12 mg
(Vrug, ekstrakt 19-24:1 gestandaardiseer tot 20% askorbiensuur wat 1 140 mg + 1 440 mg gedroogde kruie-ekwivalent verskaf)

(Totale vitamien C 80 mg)
Magnesiumoksied 108 mg
ekwivalent aan Magnesium (elementele) 60 mg
Niasienamied (vitamiën B3) 18 mg
Ysterhoudende yster 33,49 mg
ekwivalent aan Yster (elementele) 10 mg
D-alfa-tokferiolsuksinaat (vitamiën E) 10 mg
Sinkoksied 10,55 mg
ekwivalent aan Sink (elementele) 8 mg
Sambucus nigra subsp nigra (Vierbessie) 10 mg
(Vrug, 4-4,1 ekstrakpoeier wat 40 mg - 44 mg gedroogde kruie-ekwivalent verskaf)

D-kalsiumtantaonaat 8,06 mg
wat Pantotensuur (vitamiën B5) verskaf... 6 mg
Koperglukonaat 7,66 mg
ekwivalent aan Koper (elementele)..... 1 mg
Mangansulfaat 3,34 mg
ekwivalent aan Mangaan (elementele) 1 mg
Daucus carota (L) (Wortel) (Wortelpoeier) 6,21 mg
Tagetes erecta (L) (Gousblomme) 0,6 mg
wat luteïen verskaf 0,6 mg
(Blomoliehars, ekstrakt 40:1 gestandaardiseer tot 10% luteïenesters wat 240 mg gedroogde kruie-ekwivalent verskaf)

Riboflavin (vitamiën B2) 6 mg
Tiamienmonitraat (vitamiën B1) 1,40 mg
Pridoksiendihydrochloried (vitamiën B6) 1,40 mg
Retinil-lasetaat (vitamiën A) 1,40 mg
Betakaroteen 320 ug (53 ug RAE)
(Totale vitamien A..... 693 ug RAE)
Folienasuur 200 ug
Kaliumjodied 120 ug
ekwivalent aan Jodium (elementele) 83 ug
Natriumseleniet 60 ug
ekwivalent aan Selen (elementele) 55 ug
Biotien 50 ug
Cholekalsiferol (vitamiën D3) 5 ug
Stanoalbalamin (vitamiën B12) 2.5 ug
Bevat Suiker
sukrose 4,7 mg
glukosestroop 1,57 mg

Elke filmbedekte tablet bevat maltodekstrien 35 mg en gliserol 0,71 mg.

D44.12 Veelvuldige stof formule
KOMPLEMENTÊRE MEDISYNE – GESONDHEIDSAANVULLING
Hierdie ongeregistreerde medisyne is nie geëvalueer deur SAHPRA vir die kwaliteit, veiligheid of beoogde gebruik nie.

Lees hierdie hele inligtingstuk sorgvuldig aangesien dit belangrike inligting vir jou bevat.
Nutrilite™ Daily is beskikbaar sonder 'n doktersvoorskrif vir jou om jou goeie gesondheid te handhaaf.
Nietemin, moet jy egter steeds Nutrilite™ Daily versigtig gebruik om die beste resultate daarvan te kry.
• Hou hierdie inligtingstuk. Dit mag nodig wees dat jy dit weer moet lees.
• Moet nie Nutrilite™ Daily met enige persoon deel nie.
• Vra jou gesondheidsverker of apteker indien jy meer inligting of advies benodig.
Wat is in hierdie pamflet:
1. Wat Nutrilite™ Daily is en waarvoor dit gebruik word
2. Wat jy moet weet voordat jy Nutrilite™ Daily neem
3. Hoe om Nutrilite™ Daily te gebruik
4. Moontlike neewe effekte
5. Hoe om Nutrilite™ Daily te stoor
6. Inhoud van die verpakking en ander inligting
1. Wat Nutrilite™ Daily is en waarvoor dit gebruik word?
Nutrilite™ Daily bevat 20 essensieële vitamene en minerale,

Luteïen van goudsbloem en ekstrakte van acerola, van wortel en vierbessie, vitamien B6, B12 en yster dra by tot normale energie-opleverende metabolisme. vitamien C, sink en selenium ondersteun die normale funksie van die immuunstelsel. vitamien A, B2 en sink dra by tot die instandhouding van normale visie.
• 'n Gewarigede diët is die doeltreffendste en veiligste manier om goeie voeding, gesondheid, liggaamsinstelling sowel as gesteltike en fisieke prestasie te bereik."

2. Wat jy moet weet voordat jy Nutrilite™ Daily neem
Moenie Nutrilite™ Daily gebruik
• As jy hipersensitief (allergies) vir enige van die bestanddele is nie (Gelys onder afdeling 6.0).
• Indien jy hipersensitief is vir die Asteraceae-/Compositae-familie. Lede van hierdie familie sluit ambrosia, krisante, gousblomme en madeliefies in.
• Indien jy swanger is, borsvoed of beplan om swanger te raak.
• Indien jy hierstene of ernstige nierprobleme het.
• Indien jy aan hiperkalsemie (hoë vlakke kalsium in die bloed) ly
• Indien jy aan ysterbergingsversteurings soos hemochromatose ly.
• Indien jy 'n hoë vlakke vitamien A in jou bloed het (hipervitamiose A).
• Indien jy ander aanvullings neem wat vitamien A, betakaroteen en retinol bevat.

Waarskuwings en voorsorgmaatreëls
Neem spesiale sorg met Nutrilite™ Daily. Raadpleeg jou gesondheidsorgverker voor gebruik:
• Indien jy swanger is, beplan om swanger te raak of besig is om te borsvoed.
• Indien jy 'n abesverwante siekte soos asbestose het.
• Indien jy kardiowaskulêre siektes het.
• Indien jy statiene gebruik om jou cholesterol te verlaag.
• As jy enige triëtoestande het.
• Indien jy bloedverduiners neem.
Stop die gebruik as laksemiddel effek voorkom.
• Moenie die aanbevole daaglikse dosis oorskry sonder om 'n gesondheidsorgverkker te raadpleeg nie.
Langdurige gebruik (deurlopende gebruik van 3 maande) behoort onder die sorg van 'n relevante gesondheidsorgverkker te wees.
Nutrilite™ Daily is nie geskik vir kinders nie.
Kinders en Adolesente
Nutrilite™ Daily is nie geskik vir kinders of adolesente onder die ouderdom van 18 jaar nie.
Ander medisyne en Nutrilite™ Daily
Vertel altyd jou gesondheidsorgverkker as jy enige ander medisyne neem of onlangs geneem/gebruik het, insluitend alle komplementêre of tradisionele medisyne.
Vertel jou gesondheidsorgverkker as jy enige van die volgende medisyne neem of onlangs geneem/gebruik het, aangesien dit interaksies met Nutrilite™ Daily kan hê:
• Fenitoin (gebruik om epilepsie te behandel).
• Tetrasiklin-antibiotika (gebruik om infeksies te behandel) soos doksisiklin en minosiklin.
• Statiene: Betakaroteen kan simvastatin (Zocor) minder doeltreffend maak. Dieselfde kan waar wees van ander statiene, soos atorvastatin (Lipitor).
• Cholestiramiën en Colestipol, medisyne wat gebruik word om cholesterol te verlaag, kan dieetbetakaroteenvlakke in die bloed verlaag.
• Orlistat (Xenical), 'n gewigsverliesmedisyne, kan die absorpsie van betakaroteen verminder, wat beteken dat jou liggaam minder betakaroteen sal kry.
• Voorhoedepille verhoed die vlak van vitamien A in jou bloed.
• Die effek van bloedverduiners soos antiplaatjies (soos aspirien), antikoagulanter (soos clopidogrel, heparien, warfariën) en niesteroidale anti-inflammatoriese medisyne (soos ibuprofeen, naproksseen) kan verhoog word, wat lei tot langer bloedingstyd.
• Minerale olie wat as laksemiddels gebruik word (soos paraffinolie) kan die absorpsie van betakaroteen verminder.
• Ander aanvullings wat vitamien A, betakaroteen en retinol bevat. Hipervitamiose A, of vitamien A-toksisiteit, vind plaas wanneer jy te veel vitamien A in jou liggaam het. Vra jou dokter, apteker of gesondheidsorgverkker as jy onseker is.

Nutrilite™ Daily saam met voedsel, drank en alkohol
Nutrilite™ Daily verkieslik met ete soos aanbeveel (sien afdeling 3) en sonder alkohol.
Indien jy orlistat neem, maak seker dat jy Nutrilite™ Daily ten minste 2 ure voor of nadat jy orlistat geneem het, neem.
Swangerskap, borsvoeding en fertilititeit
Indien jy swanger is of borsvoed, of dink dat jy swanger is of beplan om swanger te raak, raadpleeg asseblief jou gesondheidsverker vir advies voordat jy hierdie komplementêre medisyne neem. Veiligheid in swangerskap is nog nie vasgestel nie.

Bestuur en gebruik van masjinerie
Nutrilite™ Daily word nie verwag om jou vermoë om te bestuur te beïnvloed nie. Alhoewel, jy moet nie bestuur, masjinerie gebruik of take verrig wat konsentrasie vereis totdat jy seker is dat Nutrilite™ Daily die vermoë daarvan nadelig beïnvloed nie (Sien Moontlike Neewe effekte in afdeling 4).

Belangrike inligting oor sommige van die bestanddele in Nutrilite™ Daily:
Nutrilite™ Daily bevat glukosestroop, sukrose, maltodekstriën en gliserol en kan 'n effek op die beheer van jou bloedsuiker hê as jy diabetes mellitus het. Indien jou dokter vir jou gesê het dat jy 'n intoleransie het vir sekere suikers, moet jy jou dokter kontak voordat jy Nutrilite™ Daily neem. Nutrilite™ Daily bevat betakaroteen. 'n Verhoogde risiko van longkanker na betakaroteenaanvulling is aangeelmd in kliniese proewe van volwasse rokers en diene wat aan asbes blootgestel is.
Nutrilite™ Daily bevat yster. 'n Oordosis kan dodelik wees by kinders onder 12 jaar.

3. Hoe om Nutrilite™ Daily te neem
Neem Nutrilite™ Daily altyd presies soos aangedui op die pamflet of soos deur jou dokter of apteker aangedui. Raadpleeg jou dokter, apteker of verpleegster indien jy nie seker is nie. Die gevone dosis vir volwassenes is: Neem een (1) tablet per dag met ete en 'n glas water, of soos deur jou gesondheidsorgverkker aangebeveel.
Moenie die aanbevole daaglikse dosis oorskry nie, behalwe wanneer deur jou dokter aangebeveel.
Sluk die tablet heel in.

4. Moontlike neewe effekte
Nutrilite™ Daily kan neewe effekte hê.
Indien jy enige van die volgende gebeur, stop dadelik om Nutrilite™ Daily te neem, en vertel jou dokter dadelik of gaan na jou naaste noodafdeling by jou naaste hospitaal:
• swelling van jou hande, voete, enkels, gesig, mond of keel, wat probleme met sluk of asemhaling kan veroorsaak.
• uitslag of jeuk.
• flouheid.
• vergeling van jou vel en oë, ook geneem geelsug.
Hierdie is alles baie ernstige neewe effekte. Indien jy hulle het, kan 'n ernstige allergiese reaksie gehad het. Jy benodig dringend mediese aandag of hospitalisasie. Vertel jou dokter dadelik of gaan na die naaste noodafdeling by jou naaste hospitaal indien jy enige van die volgende opmerk:
• borskaspyn.
• angina.
• veranderinge in die manier wat jou hart klop, soos byvoorbeeld, indien jy opmerk dit vinniger klop, moeilike asemhaling.
• tekens van herhaalde infeksies soos 'n seerkeel of koors.
• minder urine as normaal vir jou.
Hierdie is almal ernstige neewe effekte. Jy mag dringend mediese aandag benodig. Vertel jou dokter so gou as moontlik indien jy die volgende opmerk:
• naarheid.
• abdominale krampe of maagpyn.
• hoofpyn.

• duiseligheid.
• moegheid.
• lighoofdigheid.
• droë hoës.
• spierkrampe.
• winderigheid of wind.
• diarree.
• verlies van apyt.
As u enige neewe effekte opmerk wat nie in hierdie pamflet genoem word nie, moet jy asseblief jou dokter of apteker in kennis stel.

Rapportering van neewe effekte
Praat met jou dokter, apteker of verpleegster as jy neewe effekte ervaar. Jy kan ook neewe effekte by SAHPRA aanmeld: SAHPRA publikasies: SAHPRA via die "6.04 Adverse Drug Reaction Reporting Form", wat aanlyn gevind kan word <https://www.sahpra.org.za/Publications/Index/8>.
Botswana publikasies: <https://www.bomra.co.bw/index.php/services/patient-safety-monitoring>.

Namibia publikasies: Rapporteer vorm vir ongewenste geneesmiddellekreasies (Veiligheidsgeel vorm) <https://nmrc.gov.na/documents/81630/410067/Safety+Yellow+Form.pdf/8cbbf343-3c48-dba3-7ec1-50b881fab26>.
Mag ook aan Amway South Africa Pty Limited rapporteer deur die volgende e-pos te gebruik: Regulatory_Department@Amway.com.
Deur neewe effekte te rapporteer, kan jy help om meer inligting te verskaf teenoor die veiligheid van Nutrilite™ Daily.

5. Hoe om Nutrilite™ Daily te stoor
Stoor alle medisyne buite die bereik en sig van kinders. Stoor in die oorspronklike verpakking/houer. Stoor teen of benede 25°C.
Hou die houder dig en beskerm teen lig en vog.
Moenie Nutrilite™ Daily gebruik na die vervaldatum op die etiket nie.
Die vervaldatum verwys na die laaste dag van daardie maand. Moenie Nutrilite™ Daily gebruik, indien die tablette van kleur of vorm verander het nie.
Wegdoening van Nutrilite™ Daily
Neem alle ongebruikte medisyne terug na apteker. Moenie ongebruikte medisyne in dreine of rioolstelsel (bv. toilette) weggooi nie.

6. Inhoud van die verpakking en ander inligting
Wat Nutrilite™ Daily bevat:
Die aktiewe bestanddele is kalsium, magnesium, vitamien C, Malpighia emarginata (L) (Acerola) vrug ekstrakt, vitamien B3, yster, vitamien E, sink, Sambucus nigra subsp nigra (Vierbessie) vrug ekstrakpoeier, vitamien B5, koper, mangaan, Daucus carota (L) (wortel) wortelpoeier, Tagetes erecta (L) (Goudsbloem) blomekstrakt, biotien, vitamien B1, vitamien B6, vitamien B5, vitamien A, betakaroteen, foliensuur, jodium, selenium, vitamien D3 en vitamien B12.
Die ander bestanddele is mikrokristallyne sellulose, maltodekstriën, kruisblinding-natriumkarboksimeelcellulose, akasiagom, silikondoksied, magnesiumstearaat, hidrokispropielmetielcellulose, meliestysel, styselnatriumtokferiolsuksinaat (gemodifiseerde stysel), sukrose, glukosestroop, gliserol, natriummaskarbat, karnoubas, mediumkettigtingliseriede.
Hoe Nutrilite™ Daily lyk en die inhoud van die houder
Liggel, gevlekte, ovalvormige, deursigtige, filmbedekte tablet, gebosseleer met "DAILY" aan die een kant.
Tablet grootte: 8,84 mm x 15,15 mm.
Dit is beskikbaar in 'n wit HD-polietileen houer met 'n opsig aftekbare peuterbestande seël 'n 'skil' en 'n wit polipropieleensluiting, wat weer verseël kan word.
Pak grootte: 45 en 90 tablette.

Registrasie Nommer Hierdie produk is nog nie deur plaaslike owerheid geëvalueer nie.
Naam en besigheidsadres van die houder van die registrasiesertifikaat
Amway Suid Afrika (Edms) Bepker, Eenheid B1, Brussels weg 33, Spartan, Isando 1619.
Datum van Publikasie
Moet toegedien word deur die plaaslike owerheid.
Toegang tot die ooreenstemmende Professionele inligting: www.Amway.co.za

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